



as Salgadeiras
R E S T A U R A N T E

MENU

COUVERT

Cesto de Pão	3,00€
Manteiga de Alho	2,00€
Mousse de Atum	3,00€
Queijo de Ovelha Amanteigado	10,00€
Azeitonas	2,00€
Azeite da Herdade do Esporão	2,00€
Presunto Pata Negra	17,50€

ENTRADAS

Pastéis de Bacalhau (por unidade)	5,00€
Sopa de Legumes	4,50€
Salada Mista	6,50€
Sopa de Peixe à Salgadeiras	21,50€
Tártaro de Polvo	16,50€
Carpaccio de Bacalhau	16,50€
Camarão Frito com Manteiga de Alho	18,95€
Alheira de Chaves com Ovos Mexidos	16,50€

BACALHAU

Bacalhau à Bairro Alto	29,95€
Bacalhau à Brás	29,95€
Bacalhau à Salgadeiras	29,95€
Bacalhau com Natas	29,95€
Bacalhau Memorial	29,95€
Trilogia de Bacalhau (para 2 pessoas)	65,15€

PEIXE

Polvo Grelhado com Camarão	32,50€
Cherne Grelhado com Sautê de Gambas	28,50€
Filete de Linguado em Massa Folhada com Espinafres	28,50€
Pastéis de Bacalhau com Arroz de Tomate	26,50€
Stroganoff de Gambas com Coroa de Arroz	32,50€

CARNE

Lombinho de Porco Ibérico Recheado c/Alheira e Puré de Batata Doce	26,15€
Costeletas de Borreguinho com Molho de Menta	27,15€
Stroganoff de Vitela com Coroa de Arroz	25,75€
Cabrito à Moda de Monção	31,50€
Lombinhos de Boi à Serrana com Molho de Ervas	31,50€

BIFES

Bife do Lombo com Molho Roquefort	35,50€
Bife do Lombo com Molho de Pimentas Variadas e Cognac	35,50€
Bife do Lombo à Salgadeiras	35,50€
Bife do Lombo à Portuguesa	35,50€
Bife do Lombo com Molho de Amêndoas	35,50€

SOBREMESAS

Misto de Frutas	10,00€
Chiffon de Chocolate	9,95€
Doce Conventual	9,95€
Leite Creme com Frutos Silvestres	8,95€
Pudim de Abade de Priscos	9,95€
Vulcão de Chocolate	17,50€
Sorberoska (Gelado de Limão com Vodka)	15,00€
Gelados - 2 Bolas (Baunilha, Chocolate, Limão ou Menta)	7,50€



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MENU

COUVERT

Bread Basket	3,00€
Garlic Butter	2,00€
Tuna Mousse	3,00€
Sheep Cheese	10,00€
Olives	2,00€
Olive Oil from Herdade do Esporão	2,00€
Pata Negra Ham	17,50€

APPETIZERS

Codfish Cakes (per unit)	5,00€
Vegetables Soup	4,50€
Mixed Salad	6,50€
Fish Soup "Salgadeiras" Style	21,50€
Octopus Tartar	16,50€
Codfish Carpaccio	16,50€
Pan Fried Prawn with Garlic Butter Sauce	18,95€
Scrambled eggs with "Alheira" Sausage	16,50€

CODFISH

Codfish "Bairro Alto" Style	29,95€
Codfish “à Brás”	29,95€
Codfish "Salgadeiras" Style	29,95€
Codfish with Cream	29,95€
Codfish "Memorial" Style	29,95€
Codfish Trilogy (for two people)	65,15€

FISH

Grilled Octopus with Shrimps	32,50€
Dover Sole Fillet inside a Puff Pastry with Spinach	28,50€
Grilled Grouper with Sauteed Shrimps	28,50€
Codfish Cakes with Tomato Rice	26,50€
Prawns Strogonoff with Rice	32,50€

MEAT

Black Pork Medallion Stuffed with “Alheira” and Sweet Potato Puree	26,15€
Grilled Lamb Chops with Mint Sauce	27,15€
Veal Strogonoff with Rice	25,75€
Kid Goat "Monção " Style	31,50€
Bull Tenderloin "Serrana" Style with Herb Sauce	31,50€

STEAKS

Filet Mignon with Roquefort Sauce	35,50€
Filet Mignon with Mixed Peppers and Cognac Sauce	35,50€
Filet Mignon "Salgadeiras " Style	35,50€
Filet Mignon "Portuguese" Style	35,50€
Filet Mignon with Almonds Sauce	35,50€

DESSERTS

Mix of Fruits	10,00€
Chocolate Chiffon	9,95€
"Conventual" Sweet Eggs	9,95€
Crème Brûlée with Forest Fruits	8,95€
“Abade de Priscos” Pudding	9,95€
Chocolate Volcano	17,50€
Sorberoska (Lemon Ice Cream with Vodka)	15,00€
Ice cream - 2 Scoops (Chocolate, Vanilla, Mint or Lemon)	7,50€